

# Back to School Safety Tips



*As the carefree days of summer give way to the hectic back-to-school season, parents and caregivers should take time to teach and review important safety guidelines with children.*

## Riding the Bus

School bus transportation is safe. In fact, buses are safer than cars! Even so, last year, approximately 26 students were killed and another 9,000 were injured in incidents involving school buses. More often than not, these deaths and injuries didn't occur in a crash, but as the pupils were entering and exiting the bus.

Remember these safety tips:

- ☞ Have your children put everything they carry in a backpack or school bag so that they won't drop things along the way.
- ☞ Have them wear bright, contrasting colors so they will be more easily seen by drivers.
- ☞ Make sure they leave home on time so they can walk to the bus stop and arrive before the bus is due. Running can be dangerous.
- ☞ Have a safe place to wait for your bus, away from traffic and the street.
- ☞ Stay away from the bus until it comes to a complete stop and the driver signals you to enter.
- ☞ When being dropped off, exit the bus and walk ten giant steps away from the bus. Keep a safe distance between you and the bus. Also, remember that the bus driver can see you best when you are back away from the bus.
- ☞ Use the handrail to enter and exit the bus.
- ☞ Stay away from the bus until the driver gives his/her signal that it's okay to approach.
- ☞ Be aware of the street traffic around you. Drivers are required to follow certain rules of the road concerning school buses, however, not all do. Protect yourself and watch out!



## Walking and Biking to School

Even if you don't ride in a motor vehicle, you still have to protect yourself. Because of minimal supervision, young pedestrians face a wide variety of decisions making situations and dangers while walking to and from school. Here are a few basic safety tips to follow:

- ☞ Mind all traffic signals and/or the crossing guard — never cross the street against a light, even if you don't see any traffic coming.
- ☞ Walk your bike through intersections.
- ☞ Walk with a buddy.
- ☞ Wear reflective material...it makes you more visible to street traffic.
- ☞ Wear bike helmets at all times when bicycling.



## Riding in a Car

You might have heard before that most traffic crashes occur close to home ... they do. Safety belts are the best form of protection passengers have in the event of a crash. They can lower your risk of injury by 45%. You are four times more likely to be seriously injured or killed if ejected from the vehicle in a crash. Everyone needs to be buckled up properly. That means older kids in seat belts, younger kids in booster seats and little kids in child safety seats.

**BE CAUTIOUS, BE AWARE  
YOU ARE THE FIRST LINE OF DEFENSE IN PROTECTING OUR CHILDREN**